

# MINOR IN INTEGRATED HEALTH SCIENCES 2024-2025

REQUIRED COURSES	CREDITS	SEMESTER OFFERED	COMPLETED
HTH 110 Personal Health & Wellness	3	Spring	<input type="checkbox"/>
KIN 205 Foundations in Health and Human Performance	3	Fall	<input type="checkbox"/>
NUTR 221 Basic Human Nutrition	3	Fall	<input type="checkbox"/>
HPE 234 First Aid and CPR	2	Fall	<input type="checkbox"/>
CHTH 262 Community Health	3	Spring	<input type="checkbox"/>
HTH 325 Etiology of Disease	3	Fall	<input type="checkbox"/>
PSYX 338 Health Psychology	3	Spring	<input type="checkbox"/>
HTH 378 Sex Education	3	Fall	<input type="checkbox"/>
ACT 150 Yoga	1	*	<input type="checkbox"/>
* Please See Advisor	<b>TOTAL CREDITS</b>	<b>24</b>	

## 15 TO FINISH

### WANT TO GRADUATE ON TIME? SAVE MONEY? GET BETTER GRADES?

# 15

You're going to need 15. That's the number of credits you need to take each semester to graduate on time. Sure, you can take less and still receive some scholarships and funding. But unless you take 15 credits a semester (or 30 a year), you're looking at an extra year or more in order to graduate. Know the courses you need to graduate, and meet with your advisor to map out a plan to earn your degree on time.