ACADEMIC SENATE PROPOSAL TRACKING SHEET

(Document To Be Originated By the Academic Senate Secretary On Canary Color Paper)

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	1/1/2
Proposal # 18-32	Title: Health Promotion Revision
110p03at# 10-52	100
	college dean signatures on attached program/degree or course revision form.)

All proposals MUST have their originating college faculty body (Ex. Arts & Sciences, Education and Nursing; Technical Sciences) approval and must be signed by the submitter and the college dean before being submitted to the Academic Senate Secretary.

- 1. Submit all proposals (using the appropriate Academic Senate program/degree and/or course revision forms or General Education Inclusion form) to the Academic Senate Secretary. NOTE: Level 1 or Level 2 forms must be submitted concurrent with this proposal where applicable. For Education proposals, PEU approval must be received prior to forwarding the proposal to the Senate.
- The Academic Senate Secretary logs and numbers items and forwards them to the appropriate Academic Senate subcommittee(s): General Education (if
 applicable), or Curriculum. A transmittal e-mail will be sent to the Recording Secretary of the receiving committee, cc Provost's Administrative Assistant,
 by the Academic Senate Secretary. A digital copy of the proposal will be linked on the Academic Senate Proposal page by the Academic Senate Secretary.
- 3. The Academic Senate subcommittee(s) consider(s) the proposal. If approved, the proposal is returned to the Academic Senate Secretary for forwarding to the next committee. If a committee disapproves the proposal, the originator may request that the item be forwarded to the next body for consideration. The committee will provide written rationale to the originator, via the Academic Senate, when a proposal is disapproved and the proposal is returned to the originator. Upon completion of committee action, the proposal will be returned to the Academic Senate Secretary, and a transmittal e-mail sent by the Committee Recorder to the Senate Secretary, cc Provost's Administrative Assistant.
- 4. The Academic Senate considers the proposal and recommends approval or disapproval. If approved, the proposal is forwarded to the Provost for consideration. If the Academic Senate disapproves the proposal, the originator may request that the item be forwarded to the Full Faculty for consideration, utilizing the procedures set forth in the Senate Bylaws. The Academic Senate will provide written rationale to the originator when proposals are disapproved and the proposal is returned to the originator.
- 5. Approved proposals will be forwarded to the Provost. The Provost approves or disapproves the proposal. If approved, the proposal is then forwarded to the Chancellor. From this point forward, the Provost's Administrative Assistant will update the Proposal page on the website by contacting the webmaster.
- 7. The Chancellor approves or disapproves the proposal.
- 8. The proposal will then either be implemented or referred to MSU for further action. The tracking page on the Provost site will be updated as required.

Subcommittee and Academic Senate college representatives will notify their respective colleges' of the progress of submitted proposals or the proposal may be tracked via the web page -- http://www.msun.edu/admin/provost/senate/proposals.htm

Documentation and forms for the curriculum process is also available on the web page: http://www.msun.edu/admin/provost/forms.htm

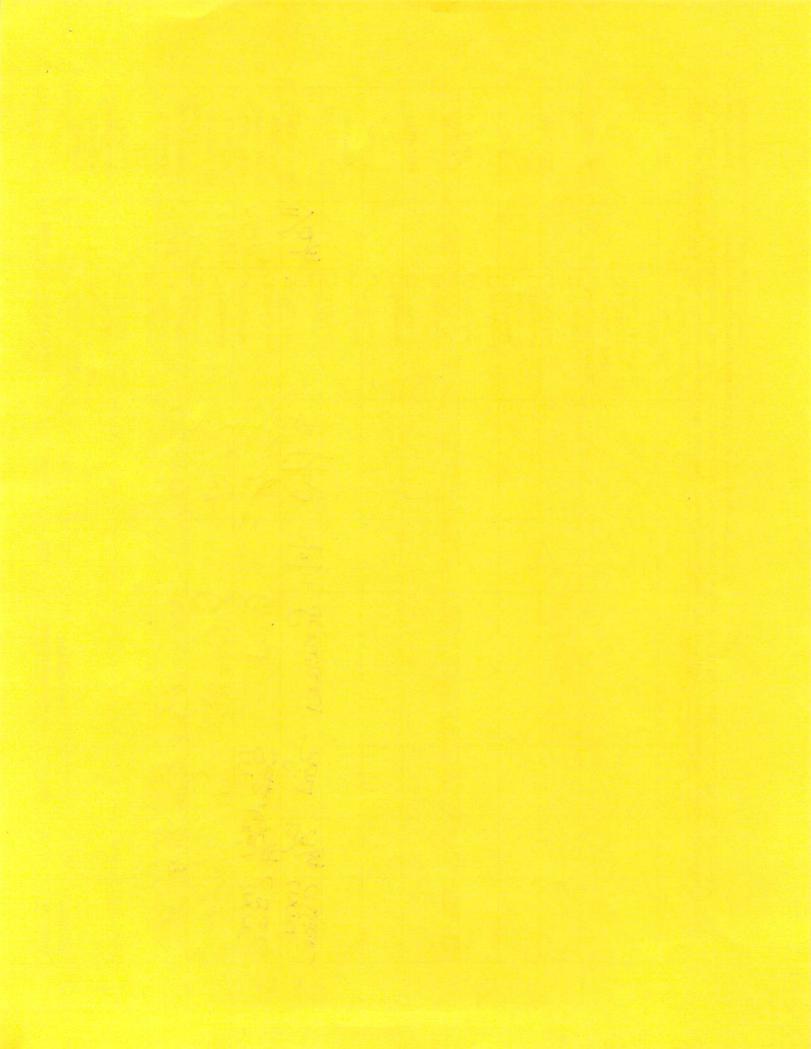
*****(If a proposal is disapproved at any level, it is returned through the Academic Senate secretary and the Senate President, to the Dean of the submitting college who then notifies the originator.

	Date	Action Taken	Signature	Date	Comments/Reason for Disapproval	Sent to	Date	Transmittal E-mail sent
*Abstract		Copy to Senate						
received by		President. Forward to Provost.						
*Provost		Abstract Approved						
Flovost		Abstract Approved						
	-	☐ Disapproved					111	
Received by Senate Secretary	3/5/19	Tracking form initiated	DROTTLED		found to Good	187.	3/97/198	Unger.
General Education	412110	☐ Approved	92 m		Carrer age	1 Sucre	15/1	00000
Committee (if applicable)	4/12/19	□ Disapproved NA	Inecour		Horward Con	Todd	1/19	Office
Curriculum	1.1	Approved	11-	_		m .	10/21	uner
Committee (if applicable)	10/15/19	☐ Disapproved	Jay Po	-	forward	Seiter	PA	Other
Academic Senate	11/. 1	Approved	CILA	11	0	0,	13).	inner
	10/A	☐ Disapproved	Senfend	12 4 19	ferward -	Bord	9/19	O Sice
Full Faculty (if		☐ Approved	1,					
necessary)		☐ Disapproved						
Provost		Approved						
Chancellor		Disapproved Approved						
Chancellor								
		☐ Disapproved						
MSU		☐ Approved						
		☐ Disapproved						
BOR		Approved						
NWCCU		☐ Disapproved ☐ Approved						
1,11,000								
		Disapproved		an the same of				
Provost		Advise originating						
		college and Academic Senate of						
		status. Update Web						
		page.						
Registrar		Catalog/Policy						
		Manual Update						

NOTE: The secretary of the Academic Senate will update the Academic Senate Proposal web page from initial receipt until the proposal reaches the Provost. The Provost's Administrative Assistant will ensure that the current status of each proposal is maintained on the Academic Senate Proposal web page from that point forward.

*Abstract and pre-approval required for new programs ONLY.

Academic Senate Form 1 (Revised 3/21/2012)



PROGRAM/DEGREE REVISION FORM

NEW DROPPED	_ MAJOR REVISION <u>X</u> FOR INFORM	MATION ONLY
College Health Sciences	Program Area <u>Health Promotion</u>	Date <u>4/11/19</u>
Submitter	Dean	Date
Signature	Signature (indicates "college" leve	l approval)
Please provide a brief explanati	on & rationale for the proposed revision(s).	

Please provide in the space below a "before and after" picture of the program with the changes in the program noted. Attach appropriate Course Revision Forms. Please indicate changes by shading the appropriate cells.

PROPOSAL TITLE Health Promotion revision for improved outcomes and options

Cur	rent P	rogram	listed
in	18-19	Catalog	

Proposed	Program
for 19-20	Catalog

		III 10-19 Catalog				101 19-20 Ca
Course	100			Course		100
Prefix	#	Course Title	Credits	Prefix	#	Course Title
WRIT	101	College Writing	3	WRIT	101 or	College Writing
COMX	115	Interpersonal Communication	3		101L	
M	121	College Algebra	3	COMX	115	Interpersonal
BIOH	104	Human Biology	4			Communication
	210	CAT III Gen. Ed	4	M	121	College Algebra
PSYX	100	Introduction to Psychology	3	BIOH	104	Human Biology
		CAT IV Gen. Ed	3			CAT III Gen. Ed
		CAT V Gen Ed	3	PSYX	230	Developmental Psycho
		CAT VI Gen Ed	3	HSTA	255	Montana History
		CAT VI Gen Ed	3			CAT V Gen Ed
		CAT VII Gen Ed	3			CAT VI Gen Ed
ENGL	U.D.	Upper Division Writing Course	3		4500	CAT VI Gen Ed
HTH	101	Opportunities in Health Professions	2	EDU	270	Integrating Tech in
HTH	110	Personal Health and Wellness	3	1.75	(88/8)	Education
NUTR	121	Clinical Human Nutrition	2			General Education
AHAT	210	Prevention and Care Athletic Injuries	3	HTH	110	Personal Health and
HPE	234	First Aid and CPR (to conc. 2 & 3)				Wellness
CHTH	262	Community Health	3	EDU	201	Intro to Education
KIN	320	Exercise Physiology	3	KIN	205	Foundations in Health
HTH	325	Etiology of Disease (to conc. 2 & 3)		A. A		Human Performance
KIN	327	Kinesiology & Biomechanics	3	AHAT	210	Prevention and Care
CHTH	355	Theory Practice Community HIth Ed (t	o conc. 3)	0.32,30,30	100 CO (00 CO) (00 CO (00 CO (00 CO (00 CO (00 CO) (00 CO) (00 CO (00 CO) (00 CO	Athletic Injuries
HTH	368	Safety Education	2	NUTR	221	Basic Human Nutrition
нтн	378	Sex Education	3	EDU	225	Educational Psycholog
HTH	391	Special Topics (to conc. 2 & 3)		REC	236	Intramural Recreations
KIN	415	Advanced Exercise Test and Rx (to co	onc. 2)	1.000		Activities
CHTH	445	Prgm Planning for Comm. Health (to d	onc. 3)	CHTH	262	Community Health
HTH	498	Cooperative education	6	HEE	303	Methods of Lifetime Fi
PSYX	230	Developmental Psychology	3			Activities
BMGT	461	Small Business Management	3	KIN	320	Exercise Physiology
ACT	XXX	Activity course	1	KIN	327	Kinesiology & Biomech
7101	AAA	Electives	6	HEE	340	Methods of Health
OPT.	1	Business	24		200	Education
OPT	2	Pre-Professional	28	HEE	376	Assessment in Health
OPT	3	Health Education	23			Education
	-		1-0	HEE	378	Sex Education
				REC	388	Outdoor Education
		Total	120-128	HEE	435	Curriculum Planning in
		1000	120-120			Health Education

	Tota	il	120-128	5
		Program o	ore total	48
In additi	ion to progr	am core, students choose one of 3 of	conc. option	s:
OPT	1	Pre-Allied Health	32 (r.
STAT	216	Statistics		3
CHMY	141/142	College Chemistry I and Lab		4
CHMY	143/144	College Chemistry II and Lab		4
CHMY	321/322	Organic Chemistry I and Lab		5
CHMY	323/324	Organic Chemistry II and Lab		5
PHSX	205/206	College Physics I		4
PHSX	207/208	College Physics II		4

		101 19-20 Catalog		
Course			Gen-Ed	Degree
Prefix	#	Course Title	Credits	Credits
WRIT	101 or	College Writing	833	
	101L		3	
COMX	115	Interpersonal	12.0	
		Communication	3	
M	121	College Algebra	4	
BIOH	104	Human Biology	4	
		CAT III Gen. Ed	3	
PSYX	230	Developmental Psychology	3	
HSTA	255	Montana History	3	
		CAT V Gen Ed	3	
		CAT VI Gen Ed	3	
	Later State of the later of the	CAT VI Gen Ed	3	
EDU	270	Integrating Tech in		
		Education	3	
		General Education Total	35	1
HTH	110	Personal Health and		3
	0541-66-5	Wellness		
EDU	201	Intro to Education		3
KIN	205	Foundations in Health and		3
	1000	Human Performance		
AHAT	210	Prevention and Care		3
		Athletic Injuries		
NUTR	221	Basic Human Nutrition		3
EDU	225	Educational Psychology		3
REC	236	Intramural Recreational		- 3
		Activities		
CHTH	262	Community Health		3
HEE	303	Methods of Lifetime Fitness		3
		Activities		Transition of the
KIN	320	Exercise Physiology		3
KIN	327	Kinesiology & Biomechanics		3
HEE	340	Methods of Health		3
		Education		
HEE	376	Assessment in Health		3
		Education		t-17 t-18
HEE	378	Sex Education		3
REC	388	Outdoor Education		3
HEE	435	Curriculum Planning in		3
		Health Education		

AHAT	495	Practicum: Sports Medicine		3
	1	OR		
OPT	2	Exercise Science	29 c	r.
HPE	234	First Aid CPR		2
HTH	325	Etiology of Disease		3
HTH	391	Special Topics		3
KIN	364	Research Methods in Hth & Human Perf.		3
KIN	410	Adv. Strength Training and Conditioning		3
KIN	415	Adv. Exercise Testing and Prescription		3
NUTR	411	Nutrition for Sports and Exercise		3
KIN	440	Sport Psychology		3
HTH	498	Cooperative Education		6
		OR		
OPT	3	Public and Community Health	29 c	r.
HPE	234	First Aid CPR		2
HTH	391	Special Topics		3
CHTH	355	Theory and Practice of Community Health Ed		3
PSYX	383	Health Psychology		3
СНТН	445	Program Planning in Community Health		3
CHTH	440	Principles of Epidemiology		3
HTH	325	Etiology of Disease		3
KIN	364	Research Methods in Hth & Human Perf.		3
HTH	498	Cooperative Education		6
		Gen Ed Credits	35	
		Major Credits		48
		Selectives	29 - 3	32
		Electives	6 - 9	
		Total Credits Required	120	

Additional instructional resources needed (including library materials, special equipment, and facilities). Please note: approval does not indicate support for new faculty or additional resources.

Equipment for a modest exercise laboratory (i.e., treadmill, ergometer, VO_2 max station, lactate tests) would enhance the learning experience.

Updated 09/29/05

NEW_X DROPPED	MAJOR REVISION FOR INFO	RMATION ONLY
College Health Striences	Program Area Health Promotion	Date_2/16/2019
Submitter	Dean KAmama	Date2-27-19
Signature	Signature (indicates "college" le	evel approval)
Please provide a brief explain KIN 205 will replace HTH 101 as we to major. They are very similar courses.	ation & rationale for the proposed revinsition from a Health Promotion major to a more fan	sion(s): nillar "Health and Human Performance"
Please provide the following	information:	
College:	Health Sciences	
Program Area:	Health Promotion	
Date:	February 16, 2019	
Course Prefix & No.:	KIN 205	
Course Title:	Foundations in Health and Human Pe	rformance
Credits:	3	
Required by:	Health Promotion Major and Minor	
Selective in:	none	
Elective in:	none	
General Education:	none	
Lecture:	X	
Lastumo/Lab		

Lecture/Lab:
Gradable Lab:

Contact hours lecture: 3 Contact hours lab: 0

Current Catalog Description (include all prerequisites):

NA

Proposed or New Catalog Description (include all prerequisites):

This course is designed to acquaint the prospective health educator with broad concepts of health, physical education, and recreation including the historical development of modern programs, philosophies, and their application to health and physical education.

Course Outcome Objectives:

Students will be able to:

- · recognize current challenges, trends, and issues in health and human performance
- understand the foundations of physical education, exercise science, and sport
- develop a personal philosophy of health and physical education
- identify the role of anatomy, exercise physiology, biomechanics, psychology, nutrition, and motor learning in teaching health and physical education

NEWX DROPPED MAJ	OR REVISION FOR INFORMA	ATION ONLY
College Health Sciences P	rogram Area Health Promotion	Date <u>2/16/2019</u>
Submitter Submitter	Dean KAmtma	
Signature	Signature (indicates "college" level a	

Please provide a brief explanation & rationale for the proposed revision(s):

KIN 491 (Principles of Strength and Conditioning) has been successfully offered during multiple spring semesters and is an important course for students seeking to use their degree for coaching, fitness, and strength and conditioning professions.

Please provide the following information:

College:

Health Sciences

Program Area:

Health Promotion

Date:

February 16, 2019

Course Prefix & No.:

KIN 410

Course Title:

Advanced Strength Training and Conditioning

Credits:

2

Required by:

none

Selective in:

Health Promotion Major

Elective in:

none

General Education:

none

Lecture:

X

Lecture/Lab:

Gradable Lab:

Contact hours lecture: 3

Contact hours lab:

0

Current Catalog Description (include all prerequisites):

NA

Proposed or New Catalog Description (include all prerequisites):

This course requires students to apply key concepts from biomechanics and exercise physiology to develop goal-specific, progressive training programs. Students will prepare themselves for the Certified Strength and Conditioning Specialist (CSCS) certification examination.

Course Outcome Objectives (taken from MUS):

Students will be able to:

- describe the physiological basis for strength training and explain the principles and components of training for performance;
- test and train athletes in the essential fitness components including power, strength, speed, quickness, coordination, agility, flexibility, local muscular endurance, and cardiovascular aerobic capacity and endurance;
- describe the approaches and philosophies taken by different organizations and groups for strength training for health and fitness purposes;
- develop safe and effective strength and conditioning programs for health and fitness, and performance enhancement;
- demonstrate proper technique of various strength and conditioning methods and tailor training exercises and drills to the development of sport-specific performance factors;
- describe the modifications required for strength training

NEW_X DROPPED MAJOR REV	VISION FOR INFORMATION ON	NLY
	Area Health Promotion	_ Date_2/16/2019
Submitter Dean_	KAmitman Date	2-27-19
Signature	Signature (indicates "college" level approval)	•

Please provide a brief explanation & rationale for the proposed revision(s):

KIN 491 (Research Methods) has been successfully offered during spring semesters and is an important course for students seeking to pursue graduation school opportunities.

Please provide the following information:

College: Health Sciences
Program Area: Health Promotion
Date: February 16, 2019

Course Prefix & No.: KIN 364

Course Title: Research Methods in Health and Human Performance

Credits: 3

Required by: none

Selective in: Health Promotion

Elective in: none General Education: none

Lecture: X

Lecture/Lab: Gradable Lab:

Contact hours lecture: 3 Contact hours lab: 0

Current Catalog Description (include all prerequisites):

NA

Proposed or New Catalog Description (include all prerequisites):

This course familiarizes students with current research in the health science disciplines. Qualitative and quantitative research designs are explored in the context of health sciences. Students are expected to perform research projects throughout the course.

Course Outcome Objectives:

Students will be able to:

- determine basic research design of specified, published studies within the health sciences discipline;
- write an introduction to a health research study;
- design a literature review for a health research study;
- design a quantitative purpose statement, research questions, and hypotheses for a health research study;
- design a data collection and analysis method for a health research study;
- apply APA style to scholarly writing

NEW_X DROPPED MAJOR REVISION FOR INFORMAT	ION ONLY
College Health Sciences Program Area Health Promotion	
Submitter Dean Kelly Ambane Signature (indicates "college" level appre	Date $2-27-19$
Please provide a brief explanation & rationale for the proposed revision(s KIN 491 (Sport Nutrition) has been successfully offered during summer semesters and is an importe to use their degree for coaching, fitness, and strength and conditioning professions.	

Please provide the following information:

College:

Health Sciences

Program Area:

Health Promotion

Date:

February 16, 2019

Course Prefix & No.:

KIN 411 NUTR

Course Title:

Nutrition for Sports and Exercise

Credits:

3

Required by:

none

Selective in:

Health Promotion Major

Elective in:

none

General Education:

none

Lecture:

X

Lecture/Lab:

Gradable Lab:

Contact hours lecture:

3

Contact hours lab:

0

Current Catalog Description (include all prerequisites):

NA

Proposed or New Catalog Description (include all prerequisites):

This course explores and applies nutritional concepts specific to physical activity and performance. Macro and micro nutrient demands during physical activity are a theme throughout the course. Fluid balance, energy balance, and performance optimization are also examined.

Course Outcome Objectives:

Students will be able to:

- describe the utilization of macronutrients during different types of physical activity;
- develop goal-specific training diets that include calorie and nutrient requirements;
- explain performance enhancement related to the timing of nutritional intake and use of different ergogenic aids;
- understand fluid balance at the cell and tissue levels.
- develop fluid replacement strategies for athletes.