# ACADEMIC SENATE PROPOSAL TRACKING SHEET

(Document To Be Originated By the Academic Senate Secretary On Canary Color Paper)

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Proposal # 17-13	Title: PSYX 4XX Sports Psychology (KIN440)	
(Proposal explanation, subm	tter and college dean signatures on attached program/degree or course revision form.)	



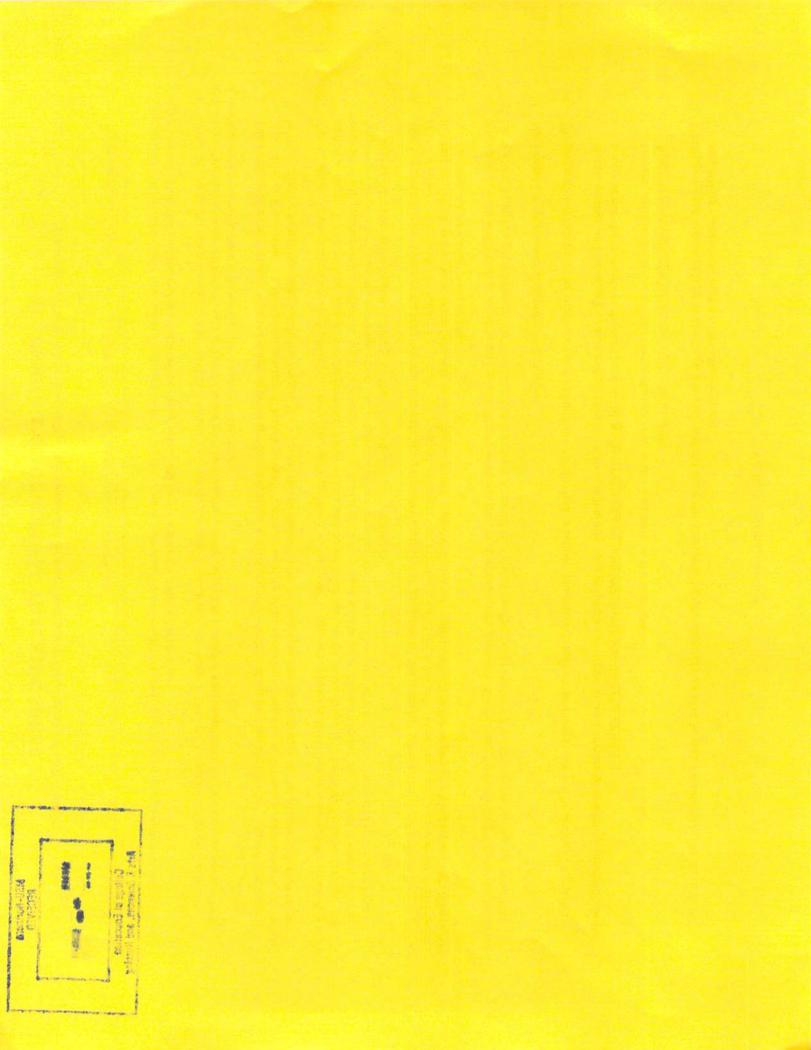
All proposals MUST have their originating college faculty body (Ex. Arts & Sciences, Education and Nursing; Technical Sciences) approval and must be signed by the submitter and the college dean before being submitted to the Academic Senate Secretary.

- 1. Submit all proposals (using the appropriate Academic Senate program/degree and/or course revision forms or General Education Inclusion form) to the Academic Senate Secretary. NOTE: Level 1 or Level 2 forms must be submitted concurrent with this proposal where applicable. For Education proposals, PEU approval must be received prior to forwarding the proposal to the Senate.
- The Academic Senate Secretary logs and numbers items and forwards them to the appropriate Academic Senate subcommittee(s): General Education (if
  applicable), or Curriculum. A transmittal e-mail will be sent to the Recording Secretary of the receiving committee, cc Provost's Administrative Assistant,
  by the Academic Senate Secretary. A digital copy of the proposal will be linked on the Academic Senate Proposal page by the Academic Senate Secretary.
- 3. The Academic Senate subcommittee(s) consider(s) the proposal. If approved, the proposal is returned to the Academic Senate Secretary for forwarding to the next committee. If a committee disapproves the proposal, the originator may request that the item be forwarded to the next body for consideration. The committee will provide written rationale to the originator, via the Academic Senate, when a proposal is disapproved and the proposal is returned to the originator. Upon completion of committee action, the proposal will be returned to the Academic Senate Secretary, and a transmittal e-mail sent by the Committee Recorder to the Senate Secretary, cc Provost's Administrative Assistant.
- 4. The Academic Senate considers the proposal and recommends approval or disapproval. If approved, the proposal is forwarded to the Provost for consideration. If the Academic Senate disapproves the proposal, the originator may request that the item be forwarded to the Full Faculty for consideration, utilizing the procedures set forth in the Senate Bylaws. The Academic Senate will provide written rationale to the originator when proposals are disapproved and the proposal is returned to the originator.
- 5. Approved proposals will be forwarded to the Provost. The Provost approves or disapproves the proposal. If approved, the proposal is then forwarded to the Chancellor. From this point forward, the Provost's Administrative Assistant will update the Proposal page on the website by contacting the webmaster.
- The Chancellor approves or disapproves the proposal.
- 8. The proposal will then either be implemented or referred to MSU for further action. The tracking page on the Provost site will be updated as required.

Subcommittee and Academic Senate college representatives will notify their respective colleges' of the progress of submitted proposals or the proposal may be tracked via the web page -- <a href="http://www.msun.edu/admin/provost/senate/proposals.htm">http://www.msun.edu/admin/provost/senate/proposals.htm</a>

Documentation and forms for the curriculum process is also available on the web page: http://www.msun.edu/admin/provost/forms.htm

\*\*\*\*\* (If a proposal is disapproved at any level, it is returned through the Academic Senate secretary and the Senate President, to the Dean of the submitting college who then notifies the originator.



	Date	Action Taken	Signature	Date	Comments/Reason for Disapproval	Sent to	Date	Transmittal E-mail sent
*Abstract		Copy to Senate						
received by		President. Forward						
Senate Secretary		to Provost.						
*Provost		☐ Abstract Approved						
		Disapproved						
Received by Senate Secretary	48/18	Tracking form initiated	D. Brodles		Sent-tones Ed .	y debar	019/8	S Fee
General Education	2/.	Approved	1		9		2/11	hu.
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Curriculum	11	Approved		, 1		Acada =/	5/1	inner
Committee (if applicable)	93/18	☐ Disapproved	Both	5/3/18		Sart	16/18	Office
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Full Faculty (if		☐ Approved	<u> </u>					
necessary)		Disapproved						
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Registrar		Catalog/Policy						
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NOTE: The secretary of the Academic Senate will update the Academic Senate Proposal web page from initial receipt until the proposal reaches the Provost. The Provost's Administrative Assistant will ensure that the current status of each proposal is maintained on the Academic Senate Proposal web page from that point forward.

\*Abstract and pre-approval required for new programs ONLY.

Academic Senate Form 1 (Revised 3/21/2012)



# **Academic Senate Tracking Sheet Correction Form**

Date:
Proposal #: 18.01  Title: PSPX 460 Spoxts Psychology(KIN440)
Brief description of the correction to be made (if more space is needed use the back of the sheet):
Name of Person making the correction:
Phone # (if more information is needed):
Date returned back to the Senate Secretary:

# CEASN PROPOSAL TRACKING SHEET (Document to Be Originated By CEASN Secretary)

- 1. Submit all proposals (using the appropriate Academic Senate program/degree and/or course revision forms) to the CEASN Administrative Assistant.
- 2. The CEASN Administrative Assistant forwards them to the appropriate CEASN Committee.

Proposal Number: 2017-2018 #10	Title: PSYX 460 Sports	Psychology (KIN440)	
	Date		
Received by CEASN Administrative Assistant	12 <u>.15</u> .17		
Forwarded to CEASN College Mee	ting(2,5.18	Approved Disappr Chair Signature	oved 2/5/18 Date
Returned to CEASN Administrative Assistant	2.6.18		Λ
Forwarded to Dean for Signatures	2· <u>7·1</u> 8	Dean Signature	2-7-18
Returned to CEASN Administrative Assistant	3. <u>71</u> 8	J	
Forwarded to Professional Educati	ion Unit <u>No</u>	- Approved Disappr	oved
		Signature	Date
Returned to CEASN Administrative Assistant	2- <u>7-1</u> 8		
Forwarded to Academic	1 Q (Q)		

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**Subcommittees** 

#### COURSE REVISION FORM

Signature	Signature (indicates "college" level approv	al)
Submitter C. Mar		Date 2-7-18
College MSU - NORTHERN	Program Area Psychology	Date <u>12/14/17</u>
NEW DROPPED	MAJOR REVISION FOR INFORMATION	ON ONLY

Please provide a brief explanation & rationale for the proposed revision(s):

To cross-list KIN 440 Sport Psychology with PSYX 460 Sport Psychology. PSYX 450 is not a course in CCN – there is no PSYX prefixed Sport Psychology course in CCN.

Please provide the following information:

College: CEASN

Program Area: Psychology

Date: 12/14/2017

Course Prefix & No.: KIN 440 Course Title: Sport Psychology

Credits: 3

Required by: Selective in:

Elective in: Health Promotion BS, Minor; Psychology Minor

**General Education:** 

Lecture: Yes Lecture/Lab: Gradable Lab:

Contact hours lecture: 45

Contact hours lab:

## **Current Catalog Description (include all prerequisites):**

A study of psychological and sociological implications of sports participation.

# Proposed or New Catalog Description (include all prerequisites):

A study of psychological and sociological implications of sports participation.

## **Course Outcome Objectives:**

- 1. Explain the interactional perspective as it relates to personality, motivation, and anxiety in the context of sport and exercise
- 2. Compare and contrast theories of achievement motivation
- 3. Identify individuals' achievement motivation level within specific scenarios
- 4. Compare and contrast ways to regulate arousal, stress, and anxiety
- 5. Develop personal regulation strategies for arousal, stress, and anxiety
- 6. Discuss pros and cons of competition
- 7. Create a cooperative-competitive game
- 8. Develop a strategy to improve cohesiveness within a specific group

- 9. Apply various psychological skills training techniques (arousal regulation, goal-setting, concentration) to hypothetical issues or needs
- 10. Design a hypothetical youth sports program that incorporates best practices
- 11. Describe multiple strategies for improving individuals' exercise adherence

Additional instructional resources needed (including library materials, special equipment, and facilities). Please note: approval does not indicate support for new faculty or additional resources.

None