BACHELOR OF SCIENCE IN INTEGRATED HEALTH SCIENCES

Community Health Option 2021-2022

FRESHMAN YEAR FALL	CREDITS	COMPLETED
CATEGORY II: M 121 College Algebra	4	
CATEGORY I: COMX 115 Intro to Interpersonal Communication	3	
CATEGORY III: BIOH 201/202 Anatomy and Physiology OR BIOH 104/105 Basic Human Biology	4	
AHMS 144 Medical Terminology	3	
PSYX 150 Drugs and Society	3	

TOTAL CREDITS 17

SOPHOMORE YEAR FALL	CREDITS	COMPLETED
CATEGORY IV: Any course in this area	3	
CATEGORY VI: Any course in this area	3	
KIN 205 Foundations in Health and Human Performance	3	
NUTR 221 Basic Human Nutrition	3	
ACT xxx Activity Course	1	
HPE 234 First Aid and CPR	2	
TOTAL CREDIT	S 15	

JUNIOR YEAR FALL	CREDITS	COMPLETED
Elective	3	
HTH 325 Etiology of Disease	3	
HTH 378 Sex Education OR KIN 364 Research Methods in Health and Human Performance	3	
CHTH 374 Current Issues in Health OR HTH 309 Contemporary Epidemics	3	
CHTH 355 Theory and Practice in Community Health (CHTH 450 Worksite Health Promotion	OR 3	

TOTAL CREDITS 15

SENIOR YEAR FALL	CREDITS	COMPLETED
HTH 378 Sex Education OR KIN 364 Research Methods in Health and Human Performance	3	
CHTH 374 Current Issues in Health OR HTH 309 Contemporary Epidemics	3	
CHTH 355 Theory and Practice in Community Heath Ed OR CHTH 450 Worksite Health Promotion	l. 3	
HTH 498 Cooperative Education OR	3	
Community Health Selective Elective	3	
TOTAL CREDITS	15	

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FRESHMAN YEAR SPRING	CREDITS	COMPLETED
BIOH 210/211 Anatomy and Physiology OR Category III course approved by advisor	4	
CATEGORY I: WRIT 101 College Writing	4	
CATEGORY V: Any course in this area	3	
HTH 101 Opportunities in Health Professions	2	
HTH 110 Personal Health and Wellness	3	

TOTAL CREDITS 16

SOPHOMORE YEAR SPRING	CREDITS	COMPLETED
CATEGORY VI: Any course in this area	3	
CATEGORY VII: Any course in this area	3	
CATEGORY IV: PSYX 230 Developmental Psychology	3	
CHTH 262 Community Health	3	
AHAT 210 Prevention and Care of Athletic Injuries	3	

TOTAL CREDITS 15

JUNIOR YEAR SPRING	CREDITS	COMPLETED
WRIT 3xx Upper Division Writing	3	
HTH 376 Understanding Obesity OR Upper Division Selective	3	
CHTH 445 Program Planning in Community Health OR CHTH 440 Principles of Epidemiology	3	
PSYX 383 Health Psychology	3	
HTH 498 Cooperative Education	3	

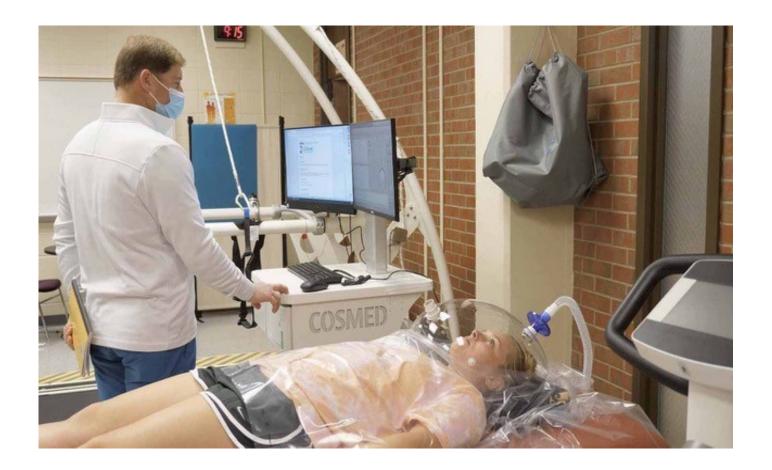
TOTAL CREDITS 15

SENIOR YEAR SPRING	CREDITS	COMPLETED
HTH 376 Understanding Obesity OR Upper Division Selective	3	
CHTH 445 Program Planning in Community Health OR CHTH 440 Principles of Epidemiology	3	
HTH 498 Cooperative Education OR Community Health Selective	3	
Community Health Selective	3	

TOTAL CREDITS 12



THE VALUE OF YOUR INTEGRATED HEALTH SCIENCES DEGREE



Students of the health sciences are encouraged to gain practical experience in the field of health. They can achieve this through cooperative learning credits, community service, campus involvement through sports and clubs, and assistantships with coaches and athletic trainers.

Graduates of MSU-Northern's Integrated Health Sciences program pursue employment as health educators, consultants, community health specialists and health coordinators. They find jobs at government agencies, non-profit organizations, hospitals, and community-based organizations. Many graduates also, apply to graduate programs throughout the country in allied health and health related programs, leading to careers, such as physical therapy, and athletic training.



WANT TO GRADUATE ON TIME? SAVE MONEY? GET BETTER GRADES?



You're going to need 15. That's the number of credits you need to take each semester to graduate on time. Sure, you can take less and still receive some scholarships and funding. But unless you take 15 credits a semester (or 30 a year), you're looking at an extra year or more in order to graduate. Know the courses you need to graduate, and meet with your advisor to map out a plan to earn your degree on time.