

# NORTHERN NETWORK NEWS

The Official Newsletter of MSU-Northern

April 4, 2014

## First Annual All-Sports Banquet



### IN THIS ISSUE

[From the Chancellor](#)

[This Week on Campus](#)

[Important Announcements](#)

[Upcoming Events](#)

[Weekly Columns](#)

[Mission Statement](#)

## From the Chancellor

By Dr. James Limbaugh

In October 2012, I distributed a [two-year transitional plan](#) with a specific focus on student success. The purpose of this two-year initiative was two-fold: (1) to provide an initial framework for decisions on resources and institutional priorities and (2) to serve as a preface to the implementation of a full strategic planning process in fall 2014. We have made significant progress in achieving the goals of our two-year plan, as outlined in this [status report](#). Additionally, you can review the [final report](#) on the eighteen-month Action Roster. Our achievements thus far have been the result of our working together as a community of educators to focus on strategies that help our students be successful, both in and out of the classroom. These reports clearly show our progress and provide a strong foundation for our planning process this coming fall.

## *This Week on Campus*

### **First Annual All-Sports Banquet**



The 1st Annual All Sports Banquet was held this Wednesday in the MSUN Armory Gymnasium. This new event offered attendees a chance to thank our student-athletes for all their time, energy, and effort and to give appreciation to our senior student-athletes, many of whom have been with Northern for 4 or 5 years. The evening proved to be exactly what we had hoped- a relaxing, low-key dinner with family and friends filled with memories and gratitude. The All-Sports Banquet coordinators and attendees thank the event sponsors, NLASF and JM Donovan Designs, for making this wonderfully enjoyable evening possible.

### **NLASF Spring Fling - Tonight**

The Northern Lights Athletic and Scholarship Foundation (NLASF) is at it again- hosting the much-anticipated Spring Fling to raise funds for MSU-Northern athletic scholarships. This year's Spring Fling will start at 5:30 p.m. in the MSUN Gym, tonight, Friday, April 4.

If you're looking for something to do this weekend, the Spring Fling is calling your name. This event is rated the best live auction and dinner fundraiser on the Hi-Line. The night also includes a silent auction, and after the amazing dinner, the NLASF will present awards of excellence to the student-athletes of Montana State University Northern.

## Northern Helps with HHS Career Day



Over 40 professionals went to Havre High School this week to talk about their careers. Seven of the presenters were from Northern: they were Becky Toth, Nichole Borst, Andy Morris, Lorren Schlotfeldt, Andrew Johnson, Spike Magelssen and Jim Potter. Each person gave four 30-minute presentations that provided an overview of their career and helped the students understand what kind of training is needed in preparation for that particular career.

## Northern Awards 20K in Scholarships to LHS Students



Last week the NNN reported on the completion of Havre High School's 14th Leadership High School (LHS), but the best part of the story is MSU-Northern provided every person who completed the Leadership High School program with a \$1000 fee waiver. This waiver can be used toward 6 credits of dual enrollment courses (next year) or toward their college education if they attend MSU-Northern during the 2015-2016 school year. Northern has been providing these scholarships for many years and they have helped many HHS students start their college education at Northern.

## Mike LaValley Lets His Light Shine

Who doesn't remember the Lights basketball player with the varied hair length? From long hair tied back, to very, very short hair, he is even more noticeable by that welcoming smile lighting up his face. Senior Mike LaValley has played four years as a guard on the Lights basketball team. A particularly memorable game from the 2013-2014 season had the Lights 17 points down against Lewis and Clark State with only 13 minutes left to play. LaValley came off the bench and played one of his best games, and the Lights turned it around and won 88-84. But he discounts his role in the win, which fortifies his reputation as an unselfish player.

Born in Idaho, LaValley's family quickly returned to Montana, home state of his parents. He graduated from Big Sky High School in Missoula, where Coach Shawn Huse saw him play and recruited him to the Lights. His parents met at Northern, so he is a second generation Light. LaValley is majoring in Secondary Education to teach social sciences. He hopes to student teach in the Billings area fall 2014. He says his major factor in choosing a place to live will be the proximity of family. Wherever he goes after graduation, that place will benefit from his presence, but with family in Billings, Missoula, and Browning, we are hopeful that future Montana schoolchildren will be able to experience his teaching style.



LaValley's style is underlain by respect. He has earned respect, but he also shows it to everyone. LaValley has tutored in Student Support Services since last September and offers kindness and friendliness to all the students who use Student Support Services. He shows no arrogance in either his role as an athlete or as an academically strong student. John Donaldson, Director of MSUN Student Support Services, says "Mike is the type of student that you want to have mentor other students. He has such a positive attitude and it shines forth from his spirit right to the smile on his face...coupled with his academic excellence (he will graduate magna cum laude), Mike's magnetic personality will lead to success."

Mike brought his brother RJ to Northern to show him the school, and Mike says, "Northern faculty and staff are very supportive and reach out (to students). It's good to be in a tight-knit community where everyone's supportive and helps you succeed."

Mike LaValley, you make Northern proud!

## Northern Alumna Receives Water Quality Award in Honor of Previous Northern Provost

In 2009 METC awarded its first Martha Anne Dow Excellence in Education for Environmental Science and Public Health at Fall Water School. 2013 marks the fifth annual award in her name for her many years of dedicated service to educating environmental science and public health professionals.

When Dr. Dow passed away of breast cancer in September, 2007 she was President of Oregon Institute of Technology. Prior to moving to Oregon she had been a microbiology and water quality professor, and provost for MSU-Northern from 1974 - 1992. Dr. Dow was one of the founders of METC and the Director from 1988 to 1992. She believed strongly in partnerships and was instrumental in the joint efforts put forth by MSU-Northern and the Montana DEQ to form METC. To this very day, MSU-Northern and the Montana DEQ work together to support METC and provide environmental and public health education.



With the blessing of Dr. Dow's family this award will be presented annually to a person who has provided education to those in the environmental science and public health fields in Montana as professionally, as earnestly, and as sincerely as did Dr. Martha Anne Dow.

For 2013 the METC Steering Committee selected Kristi Kline to receive the award. Kline is currently a source water technician for Montana Rural Water Systems. Prior to that, she was the superintendent at the Havre wastewater treatment plant where she retired after 27 years of work. Not only is a Kline a 1979 graduate of Northern Montana College's Water Quality Associate Degree program, but she has also been an integral instructor for the program, providing students in-plant lab experience and cooperative education experience. The award was presented by Barb Coffman, 1991 A.S. Water Quality degree graduate and 1993 graduate of MSU-Northern's IDST Water Quality B.S. degree, at the Montana Rural Water Systems Conference held in Great Falls February 20-22, 2014.

## *Important Announcements*

### **Last Chance to Drop with a "W"**

This coming Wednesday, April the 9th will be the last day to drop a 2nd-half semester class with a "W".

### **REMINDER:**

Students participating in Spring 2014 Commencement need to order their caps, gowns, and tassels from the Bookstore ASAP. If you have not turned in your graduation application, please do so immediately.

Students who will be completing their degree requirements at the end of fall 2014 need to submit their graduation applications by the end of this semester, unless they have petitioned to participate in the Spring 2014 Commencement, in which case the Registrar's Office should already have them.

## *Upcoming Events*

### **Intramural/Recreation Coed Softball to Begin April 7**

The Intramural & Recreation committee has scheduled coed softball beginning April 7 at the softball fields south of town. Game nights will be April 7, 8, 14, 15, 21 & 22. There will be a tournament held on April the 26th at 1 p.m.

### **New Student Senate Swearing-in - April 9**

This week the MSU-Northern student body has been voting for who they want to be in charge of Student Senate for next year. The new officers will be announced and sworn-in next Wednesday, April 9 at 4:00 p.m. during the normal Student Senate meeting. Everyone is invited and refreshments will be served. We will also announce the winners in next week's NNN for those who are unable to attend.

### **Dream. Save. Spend. Financial Literacy Thursdays throughout April**

As a follow-up to her financial planning event, Karen Terrell, MSUN's Financial Literacy Coordinator, will be offering her services and advice to any and all interested students throughout the month of April (National Financial Literacy Month). Terrell will have a table set up near the Food Court every Thursday in April (so the 3rd, 10th, 17th, and 24th) from 11:00 a.m. - 1:30 p.m. If you have any questions about finances, do not hesitate to visit Terrell at her table this April.

### **Hip-Hop Violinist Josh Vietti in Concert - April 15**

The Associated Students of MSU-Northern are excited to have Josh Vietti, a Hip-Hop/Pop violinist from southern California perform at the MSU-Northern SUB Ballroom on April 15 at 7 p.m. Vietti recently completed a 150-date college tour and was labeled one of 2012's Best Breakout Artists by CBS Los Angeles.

Vietti has appeared on The Ellen DeGeneres Show, performed for Michael Jordan, and opened for NE-Yo, B.o.B, Fabolous, Fantasia, Earth Wind & Fire and Justin Moore. Josh also was featured in the 2010 NBA ALL-Star Game Commercial, performed at the Governor's Mansion in Austin, TX for the Formula 1 US Grand Prix event and at the 2013 Stone Soul Music Festival at the Richmond International Speedway in Richmond, VA. Vietti finally headlined his own show at the legendary Whisky A-Go-Go on June 13, 2013 on the Sunset Strip in Hollywood, CA. His show was regarded as "Spectacular", "Best in LA", "Masterful", "Scintillating" and "Amazing" by different music and media personalities.

Although generally billed as a hip-hop violinist, he also incorporates classical, gospel, country and pop into his performances and is highly interactive with the audience. Memorable, fresh and innovative are three words that perfectly sum up this fiddler from Los Angeles. [www.joshvietti.com](http://www.joshvietti.com)

Don't miss this "once in a lifetime" opportunity to see Josh Vietti in concert. Admission at the door is \$5/Adult and \$3/Students for community members while MSU-Northern students, faculty and staff are admitted free of charge.

## **Hike Mount Otis - April 12**

The MSU-Northern chapter of the Montana Wilderness Association is planning a spring hike to the top of Mt. Otis on Saturday, April 12 at 1 p.m. Meet in the parking lot of the SUB at that time for carpooling out to the trail. This is a great opportunity to celebrate spring by getting out and enjoying what nature has to offer. For more information, please contact: Dr. Jaakko Puisto at 265-3595 or [Jaakko.puisto@msun.edu](mailto:Jaakko.puisto@msun.edu), or Tande at 406-390-5704 or Daniel at 406-399-1729. Let's go hike a trail!

## **Student Excellence Awards Luncheon - April 17**

The Student Excellence Awards Luncheon will be Thursday, April 17 11:30am - 1:00pm in SUB Ballroom. Cost is \$10. Tickets can be purchased at the SUB Information Desk until Monday, April 14.

This year's Student Excellence Awards recipients are: Jaime Williams, Michael LaValley, Taylor Cummings, Caralee Fortin, Bennett Taylor, Annie Kling, Ron Kling, Taylor Bartholomew, Chris Reed, Randi Sunford, and Molly Grubb.

## **Career Preparedness Workshops held throughout April**

Attention seniors, graduates and alumni- the Career Center will be conducting "Career Preparedness" workshops in April. The workshops will assist you with resume and cover letter writing tips. The Career Center will also be teaching interview tips as well as other pertinent information to help you get started in your careers.

All workshops will be held in Hensler Auditorium on four different days and times:

- Thursday, April 10 from 9 a.m.-10:30 a.m.
- Friday, April 11 from Noon-1:30 p.m.
- Monday, April 14 from 2 p.m.-3:30 p.m.
- Tuesday, April 15 from Noon-1:30 p.m.

The Career Center encourages you to sign up for this event on CareerExpress before the workshop you plan to attend.

Please contact the Career Center for more information at 265-4198 or stop in 213 Cowan Hall to talk with Jennifer Henderson or Mary Heller.

## **Chi Alpha Hangout Events**

Chi Alpha's main meeting takes place at 7 p.m. every Thursday night in the Morgan Hall "Red Room" (now brown), and every week after the meeting (at about 8 p.m.), there's a fun hangout event. Here's the event list for the remainder of the semester (subject to change if an activity becomes impossible to carry out):

April 10- Board games and snacks in the Red Room

April 17- Nachos and fellowship at Uncle Joe's (1400 1st St.)

## Campus Clean-up Day - April 22

Since 1932, Northern has participated in a campus clean-up day. We want to continue that tradition, so on April 22nd (Earth Day) from noon to 4 p.m. the Northern family will come together to get the campus ready for Graduation.

The Sustainability Coordinator (Joseph Vernon) will be organizing the clean-up project this year. All faculty members are asked to promote and encourage students to participate. This project is designed so that students can help for either the whole time or part of the time. Students will come to the front of the SUB to find out what group they are in or wish to be in, then will be told where to report and the group leader to check in with. All who participate will be given a free T-shirt, and food will be served after the event ends at 4 p.m. This is also a great way for students and faculty to show their pride in their campus, and an appreciation for the world we share.

For more information, contact: Joseph Vernon, Sustainability Coordinator, ASMUN.

## Weekly Articles

### Vintage Northern

By Valarie Hickman



The original library for Northern was in the west wing of the Havre High School, along with the classrooms. In 1936 the library was moved to the basement of the First Presbyterian Church, across the street from the high school. Bullhook (creek) ran behind the church. When Bullhook flooded, which happened almost every spring, students and faculty were called upon to move the books from the library to the steps of the church to dry. By the 1942-43 school year classes had been moved to campus, leaving the library isolated. In the summer 1953 the library was reunited with the campus when it was moved to 2nd floor, east wing of the newly completed Cowan Hall. In the photograph books are drying on the steps of the First Presbyterian Church. If you look at some of the older books in the library collection you can see the watermarks.

## Computer Corner

By: Marianne Hoppe

### How to File Messages with One Click in Outlook

If you move messages to folders often, Outlook can help you do that quickly with a single click. As an example, let's set up marking a message as unread and then moving it to a folder:

1. Go to the **Home** tab in the main Outlook window's ribbon.
2. Towards the middle of the ribbon in the **Quick Steps** section, click **Create New**.
3. In the **Edit Quick Step** window that opens, under **Choose an Action** select **Move to folder**.
4. Pick the desired folder under **Choose folder**. (note: at this point the **Name** of your new Quick Step will change to the name of the folder)
5. Click **Add Action**.
6. Under **Choose an Action** select **Mark as unread**.
7. Click **Finish**.

Now, to file a message quickly:

1. Open or highlight the message or messages you want to file.
2. If you have the message open, the **Quick Steps** section appears on the **Message** ribbon. If you just have the message highlighted in the Outlook window, the **Quick Steps** are on the **Home** tab. Simply click the name of the new action you just set up!

If you need to delete or modify an existing **Quick Step**, click the little corner arrow in the bottom right of the **Quick Steps** section and the **Manage Quick Steps** window will open and you can select and delete the Quick Step. You can also edit, duplicate or create new Quick Step in this window.

## From Your Learning Success Center

By Ligia Arango

### Some Test Taking Skills

1. Arrive to the test at least 5 minutes early so you can get comfortable without being in a hurry .
2. Have extra pens and/or sharpened pencils on hand.
3. Read all the questions first and answer those you know.
4. Look at the clock and budget your time so you have enough time to finish all the remaining questions.
5. If you draw a blank and can't remember anything. Do not panic. Close your eyes. Take a deep breath, and think about something pleasant for 1 minute.

If you are interested in a few more tricks or would like to train for test taking...come to see us at the LSC. We have a few more tricks to show you!!

## @ Your Library

By Vicki Gist

Are you looking for articles for your research paper? Two databases that are good for preliminary research are Academic Search Complete and Academic OneFile. In addition to containing many full-text articles, these databases allow you to easily limit your search to peer reviewed articles. This is especially helpful if your instructor is requiring you to use scholarly (peer reviewed) articles. Another time-saving tool is that you can get a copy of an APA or MLA citation for the article. Simply copy and paste the citation into your research paper.

Once you have gotten a start with these two databases, take a look at some of the subject specific databases for additional information. The library offers more than 80 databases covering many subjects. The databases can be found at <http://www.msun.edu/infotech/library/dbtopics.htm>. Stop by with any questions and talk with the library staff.



## A Pinch of Salt

By Kimmi Boyce

### What Does Your Bedroom Say About You?

I was not especially excited by the idea of writing an April Fool's Day rendition of "A Pinch of Salt" this week, so when a more intriguing story caught my eye on Facebook, I very easily persuaded myself to write about James Mollison's book *Where Children Sleep*. Mollison was challenged to create an engaging book or campaign idea featuring children's rights, and after extensively pondering this initiative, he proposed a book featuring children and their bedrooms. He realized that as a child he had spent hours upon hours in his room, and that much of what could be found in his little abode defined him. As Mollison traveled the world to gather his pictures and profiles for children of varying race and socioeconomic status, he realized how each room truly spoke volumes about the character of the child who dwelled there.

The images Mollison captured are stark and telling. I dare not say much more about them. You'll have to experience this unique look at current childhood situations around our world for yourself. You can view the pictures at: [http://www.jamesmollison.com/wherechildrensleep.php?project\\_id=6&p=1](http://www.jamesmollison.com/wherechildrensleep.php?project_id=6&p=1) by clicking each number at the top left-hand side of the page. (The website doesn't include the written profiles of each child, but the book is available on Amazon.com.)

What does your room say about you? Is it carefully kept? Is it a sewer station? Is it sprinkled with few but precious items or packed to the gills with meaningless clutter? Does your room say, "I'm thankful"? Does it say, "I don't care about the things I've been blessed with"? This theme ties in with last week's spring cleaning article. Take an inventory of what's in your room. Figure out what's needed, what's sentimentally valuable, what's needless, and what's taking up useful space. Purge the useless things. Take care of what you have, and let your bedroom tell the story of you- an interesting, special, and thankful individual.

## Mission Statement

"MSU Northern, a teaching institution, serves a diverse student population by providing liberal arts, professional and technical education programs ranging from certificates through master's degrees. The university promotes a student centered and culturally enriched environment endorsing lifelong learning, personal growth and responsible citizenship. The university partners with a variety of community and external entities to enhance collaborative learning, provide applied research opportunities, stimulate economic development and expand student learning experiences."

**MSU-Northern does not discriminate on the basis of race, color, national origin, sex, or disability.**