

NORTHERN NETWORK NEWS

The Official Newsletter of MSU-Northern

February 1, 2013

From the Chancellor

By Dr. James M. Limbaugh

You are invited to review my [Year One Report](#), detailing our progress toward achieving the goals established in February 2012 as enumerated in the [Action Roster](#). Comments and questions are welcome and encouraged.

Veteran/Disability Office Hold Open House



In celebration of the new office space (Cowan Hall 309) for our Veteran and Disability programs, we held an open house last Friday. Faculty, staff, students, and interested community members were invited to attend and check out the updated office space.

Get Some FAFSA Help

Do you need help completing the Free Application for Federal Student Aid (FAFSA)? Well, help is available at MSU-Northern, and it's free!

If you want to attend this helpful meeting, come to MSU-Northern's Vande Bogart Library basement on February 6, 2013 from 4 p.m.-7 p.m. or on February 10, 2013 from 1 p.m.-3 p.m. Be sure to bring your parent and student FAFSA PIN numbers (www.pin.ed.gov), correct Social Security numbers (student and parent), 2012 federal tax returns (or 2011 tax returns if 2012 returns are not complete), W2s, tribal income, other aid information (TANF, child support, other benefits), and additional asset information (money market funds, other investments). The FAFSA is the key to federal, state and institutional aid. Everyone should apply, so don't wait!

For more information, contact MSU-Northern's Financial Aid Office at 406-265-3787 or finaid@msun.edu.

This event replaces College Goal Sunday.

THIS WE'LL DEFEND

Feb. 1st combat starts at 6 pm



Wear your Army gear

and Camo to

DEFEND OUR GYM!!!

Nursing Students Fundraiser

The first-year nursing students at Montana State University Northern are hosting a spaghetti dinner and auction at the Eagles Club on Saturday, February the 2nd. All of the proceeds from the fundraiser will go toward the nurses' pinning ceremony.

The "pinning" ceremony is held to celebrate successful completion of the nursing program, and a nursing student's new status as a graduate nurse. At this step they are ready to take their national licensure nursing boards (NCLEX) that will license them to be a Registered Nurse.

This ceremony has been a part of completing the nursing program since 1964 and was initially known as a "capping" ceremony where graduating nurses were "capped" instead of "pinned". This

"pinning" is separate from graduation, but celebrates fond memories of classmates and faculty, as well as the time and energy that bought them to this special day. The nursing students have always been proactive in fundraising to help defray the cost of the pins, ceremony and reception that follows.

Doors to the fundraiser will open at 5:30 p.m., with a free-will donation dinner beginning at 6:00 p.m. Several silent and live auction items will be up for bid throughout the evening. Items to be auctioned off include: a truck bed liner, a custom fly-rod, a bird hunt on Briese Brothers Farm, and a Smith & Wesson I-bolt 30-06 rifle, as well as many other items. The Milk River Band will be the evening's entertainment, taking the stage at 8:00 p.m.

Please join us for dinner and live music while you bid on some terrific auction items and support the MSU-Northern nursing students. We look forward to seeing you there! Please call Kelly at (406) 544-9241 or Christina (406) 860-8158 if you have any questions.

Hal Stearns to Speak on "Homestead Dreams"



MSU-Northern is proud to host Mr. Hal Stearns on Friday, February the 8th, 2013 at 7:30 p.m. in the Hensler Auditorium of the ATC building. Stearns will be speaking on "Homestead Dreams." Last year (2012) marked the 150th anniversary of the passage of one of America's most important pieces of Legislation, The Homestead Act, which has continually had a profound impact on Montana since its inception. Community members, students, faculty, and staff are encouraged to bring family stories and homestead pictures. Also, as part of this event, photographs from the Al Lucke collection of the Vande Bogart Archives will be on display. Please join us for this very entertaining talk. This presentation is open to all and free of charge.

Alumni Social Next Wednesday

Journey to Great Falls to socialize and cheer on the Lights Wrestling team as they battle the University of Great Falls on February 6, 2013. Before the 7:00 pm opening match the Alumni Association and Foundation is hosting a get-together at the Bowser Brewing Company, 1826 10th Ave South, from 4:30-6:30 p.m.

Please RSVP by emailing alumni@musn.edu or calling 406-265-3770.

Annie Opens Next Thursday



MSU-Northern's resident theatre company, the Montana Actor's Theatre, is pleased to present Annie, a musical based on the popular Harold Gray comic strip "Little Orphan Annie", with music by Charles Strouse, lyrics by Martin Charnin. The original Broadway production, which opened in 1977, ran for nearly six years and won the Tony Award for Best Musical. The musical's songs "Tomorrow"

and "It's a Hard-Knock Life" are among its most popular musical numbers.

Several students and members of faculty and staff are in the show and the MSU-Northern Community Orchestra provides the live pit orchestra. Annie opens Thursday, February the 7th in the MSUN/MAT Theatre in Cowan Hall, and is fun for the whole family. Evening shows are on February 7-9, 14-16, 21-23 at 7:30 p.m. Matinees will be February 9, 16, & 23 at 2:00 p.m. Doors and lounge open one half hour before show times.

Tickets: Adults \$15, Students/Seniors \$10, Children 12 and under \$7, MSUN students free with current ID

We Love Northern Ball Tickets Going Fast

Come one, come all to Bourbon Street: Havre-style, on February 9, 2013! This year, the We Love Northern Ball will be a Mardi Gras Masquerade, with a Cajun-inspired menu, dancing and entertainment by the Cure for the Common band, and great auction items. The band's music is sure to inspire the evening and can be previewed at www.curetheband.com. Tickets for an unforgettable evening are \$50/person, or you can purchase tables of 8 or 10 for \$400 and \$500 respectively. Call the Foundation at 265-3711 to reserve your tickets today.

MSU-Northern Helps with "Open Gym" Project

Detective Ryan Pearson of the Havre Police Department has asked MSUN to help with a program the City is starting called OPEN Gym (Obesity Prevention through Exercise and Nutrition). The group is trying to get a bike share program going in Havre and has asked Northern's welding program to help by welding some bike racks to be placed in various areas around town. Northern has agreed to make 4 bike racks and possibly more depending on the design and size of the racks. The NNN will continue to cover this story as it unfolds.

Guest Lecture by Terry Brockie

The second guest speaker in the Humanities Montana sponsored series is Terry Brockie, who will speak about A'Aanin (Gros Ventre) name and language, and A'Aanin relations with the Nakoda (Assiniboine) at the Fort Belknap community. The address will be held in Brockmann room 209 on the MSU-Northern campus, today, February 1 from 1 p.m.- 2 p.m. Everyone is invited!

Country Band "Aces Up" to Perform February 5



The Associated Students of MSU-Northern are sponsoring a country concert with band, Aces Up, on February 5, 2013 at 7 p.m. in the Student Union Ballroom. Tickets for this concert/dance are \$5/adults and \$3/students with MSU-N students, faculty and staff admitted free of charge.

It has long been said that country music belongs in the South, but the Enumclaw, WA based group, Aces Up, is challenging that notion. With a unique blend of blue-collar country and the raw energy of the famous Seattle rock scene, they deliver hard-hitting, boot-stomping, feel-good country music that consistently sells out the Northwest's premier venues. In addition to receiving national airplay, Aces Up has shared the stage with country music artists Gretchen Wilson, Jake Owen, The Band

Perry, Uncle Kracker, Jack Ingram, Steve Holy, Emerson Drive and many more.

Front-man Tyler Adams can croon a heartfelt ballad like "One Lane Road" just as easily as he can growl a blistering barn burner like "Cars, Guitars, & Honky Tonk Bars". Former Marine Jason Adams holds down telecaster duties while a solid rhythm section of seasoned veterans comprised of Joe Henning on bass and Robert Perez on drums keeps the dance floor packed.

It is no surprise that Aces Up has quickly become a favorite of even the most discerning country music fans, and a welcome addition to the playlists of committed rockers. Give them a listen!!

www.acesupcountry.com

Legislative Videoconference

Each Tuesday at noon in the second-floor Tele-Conference Room of the Robins School Building you can view a legislative videoconference. Stay connected with what is going on in Helena and learn what developments could affect you and your business.

The upcoming videoconferences will be on: February 5, 12, and 26, with the February 19 session held at the Triangle Communications Tele-Conference Room.

2013 Spring Career Fair

This year's Spring Career Fair will take place on February 12 from 10 a.m.- 1 p.m. in the SUB Ballroom. If you're nearing graduation or in need of employment, be sure to come check out the booths at the career fair. You never know what opportunities await you!

Flowers for Your Valentine's Day Sweetie

A cluster of Northern's own adventurous students are raising funds for trips abroad this year. With Valentine's Day quickly approaching, their February fundraiser should appeal to all those hopeless romantics in Havre. The students will be selling roses and carnations in celebration of the lovey-dovey holiday. The prices are: \$3/rose, \$2/carnation, and \$25/dozen roses.

Order sign-up sheets are located at the SUB Info Desk, Student Support Services, dorm offices, library, and on various bulletin boards around campus. The students ask that you place your orders on these sign-up sheets by February the 5th in order to ensure ample time for ordering and delivery, however, if you need to pick up a flower at the last minute, they will be selling some flowers at the SUB on Valentine's Day (while supplies last).

Pickup for all flowers will be at the SUB Info Desk on Valentine's Day (Feb. 14) from 11 a.m.-5 p.m. You pay upon pickup.

MSU-Northern Little Cheer Camp

Do you have a little one between the ages of 3 and 13 who wants to be a cheerleader? If so, sign her up for MSU-Northern's cheer camp on Saturday, February 16, 2013! The camp will start at 8:00 a.m. and go until 10:00 a.m. The little cheerleaders will perform their newly-learned dance and cheer at the half-time of the Skylights' game later that night. Participants will need to be at the gym by 6:30 p.m. in the lobby of the Armory Gymnasium.

If you're interested in enrolling a little cheerleader, pick up information at MSU-Northern in Student Support Services or the Registrar's office. The available camp packages include:

- One Child enrolled for \$25, which includes a full day of camp, a T-shirt, and a priceless performance at half time of the women's game (snacks provided)
- Two Child reenrolled for \$40 (package includes all above items for each child)
- \$5 off each additional child

The MSU-N cheerleaders hope to see you there!!

For more information please contact:

MSU-N Cheerleaders

P.O. Box 7751

Havre, MT 59501

Phone (406) 390-5239

MSU-N Chancellor's Lecture Series

The MSU-Northern Chancellor's Lecture Series presents an intellectually and culturally diverse program that brings the broader MSU-Northern communities face-to-face with notable thinkers, scholars, civic leaders, authors, and artists throughout each academic year. Designed to create campus and community-wide conversation, the 2012-2013 MSU-Northern Chancellor's Lecture Series will consist of talks on vital topics by distinguished guest speakers. The campus community and general public are cordially invited to attend all of the lectures, and admission is free. The next speaker will be:



Terry C. Blosser presenting "Finding Lifelines in Wild Places" on Tuesday, February 19, 2013 at 7:30 p.m. in the Hensler Auditorium.

Our friends and experiences matter most in life and some of the best connections are to be enjoyed through immersion in living, working and playing in wilderness environments. Blosser has taught speech and writing at MSU-Northern for 11 years. During summers, he has immersed himself in the adventurous seasonal employee lifestyles of two major national park wildernesses, amassing a wealth of experiences and friends. Terry will share some of his unique experiences through visuals, stories, and music. Recorded background music by Blosser will softly play and images of Glacier National Park will flow across the screen as the audience assembles.

Weekly Columns

@ Your Library

By Vicki Gist

Business databases are this week's topic. Are you looking to buy a new or used car, debating about a new LED or LCD TV, or longing to replace your current kitchen stove or other household item? Check out the "Consumer Reports" magazine for product evaluations and side-by-side comparisons of many commercial products. Monthly issues of the "Consumer Reports" and the annual "Buyer's Guides" can be found in the library or online in the MasterFILE Premier database.

If you are looking to add to or start a stock portfolio, you may want to use the "Wall Street Journal" and "Standard & Poor's NetAdvantage" databases. You can find out financial information about the companies in which you want to invest.

"Business Source Complete" and "Business Insights: Essentials" are two good starting places for researching typical business topics. Here you will find information about industry outlooks and individual companies. These databases and others can be found at <http://libguides.msun.edu/business> or on the Vande Bogart Library's website. If you have any questions about these databases, contact the library staff.

Computer Corner

By Marianne Hoppe

Excel 2010 Tip

Quickly add a header or footer to every sheet in an Excel workbook

Adding a header (or footer) to an Excel sheet is a simple task using Excel's **Page Layout** view. Adding the same header to several or even all of the sheets in the workbook could mean a lot of repetitive work, unless you group the sheets first.

For this example we'll add a header to all the sheets, so the first step is to select all the sheets and then switch to the page layout view:

1. Right-click on one of the sheet tabs.
2. Choose **Select All Sheets** from the resulting shortcut menu.
3. At the bottom right of the Excel window (next to the Zoom control) there are 3 icons: the **Page Layout** button is the one in the middle - click it.
1. Now you're ready to add the header data:

4. Click the **Click To Add Header** prompt and enter your header text. Notice that the header layout view has left, center, and right sections.
5. Now let's add a logo to the left section: click in the left section and then on the **Header & Footer Tools** contextual Design tab, click Picture (it's in the **Header & Footer Elements** group).
6. Locate your logo file, and click **Insert**. (Excel will display the "&[Picture]" code until you move to another section of the header)
7. To finish up we'll add the sheet name to the right header section: Click in the right section and then click **Sheet Name** from the same **Header & Footer Elements** group that Picture is in (Excel will display "&[Tab]" until you move to another section of the header).

When you're done, click any of the sheet tabs to remove the grouping. As you move from sheet to sheet, you'll see that they all have the same header. This technique works with footers too. Headers and footers are visible only in **Page Layout** view and in **Print Preview**.

This simple grouping technique can save you a lot of time for many tasks, not just creating headers and footers. Anything you need to repeat a task on more than one sheet, grouping might be a great time saver.

A Pinch of Salt

By Kimmi Boyce

Last month I began my 2013 version of this column offering simple and practical advice on how to lose weight and get fit within the parameters of a busy lifestyle. As I've mentioned before, losing weight and getting fit was the top most broken New Year's resolution in years passed. The second most broken resolution is "quit smoking." Now as much as I'd like to give sound advice on this topic, I have no experience with the challenge of quitting a nicotine addiction, and I don't want to regurgitate Internet advice that may or may not be true and helpful. So I encourage all you aspiring cigarette-kickers, take a bold step. Try a hardcore method of quitting that'll hold you accountable to your goal and adequately meet your needs along the way. Your world and body will thank you for it. Number three on the most botched resolutions list is "learn something new." This baffles me. I'm probably too much of a student to ever fathom NOT learning something new on a daily basis. Maybe this resolution actually pertains to learning a new hobby or skill set, so in lieu of another idea, I'll pursue and present cultured options for NNN readers to take on in order to learn something new (possibly not offered in our geographical area).

For just a brief suggestion to end this week's column with inspiring advice, invest in the game "bezzewizzer" if you're truly committed to learning something new. This trivia game will frustrate and enlighten simultaneously. It includes questions and facts about humans, nature, politics, communities, food and drink, sports, music, art and stage, design, architecture, science, history, geography, literature, traditions and beliefs, TV and radio, film, technology, language, and the business world. This game provides a fantastic venue for learning while fostering healthy competition among friends. Check it out!

Mission Statement

"MSU Northern, a teaching institution, serves a diverse student population by providing liberal arts, professional and technical education programs ranging from certificates through master's degrees. The university promotes a student centered and culturally enriched environment endorsing lifelong learning, personal growth and responsible citizenship. The university partners with a variety of community and external entities to enhance collaborative learning, provide applied research opportunities, stimulate economic development and expand student learning experiences."